



Join our 1st  
Erasmus+ Sports  
initiative!

# TOUR DU MONT-BLANC

## ERASMUS+ STUDENT TRAIL



A hiker with a backpack is sitting on a rocky mountain peak, looking towards the camera. The background features a vast mountain range with snow-dusted peaks and a clear blue sky. The scene is set in a high-altitude alpine environment.

# **Why are you receiving this presentation?**

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Université Savoie Mont Blanc is currently setting up a new Erasmus+ project and is looking for European partners. As you are one of our greatest partners in terms of students exchange, we believe you would be interested. [Aren't you?]



A group of hikers is seen from behind, walking along a rocky mountain trail. They are wearing backpacks and hats, and the background is a lush green forest. The text is overlaid on a semi-transparent white rectangle.

## THE PROJECT IN BRIEF

**GATHER 50 STUDENTS FROM 10  
COUNTRIES AND HAVE THEM  
WORK & WALK TOGETHER  
AROUND MONT-BLANC**

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EXPECTED DATE: JUNE 2021



# What is it?

## DEFINITION OF TERMS

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The 1st "Tour du Mont-Blanc Erasmus+ student trail" is an initiative that aims at promoting both physical activity & international mobility, and developing young people's sense of belonging to Europe.

In line with the construction of European Universities, Université Savoie Mont Blanc wants to gather students from 10 different European countries who will take part in a trail around the famous Mont-Blanc which crosses 3 countries.

Working in multicultural teams, students will be challenged physically as well as intellectually, setting up projects on their dream European University of the future. There will be prizes to be won!





## TREKKING

a 5-day-trail around Mont-Blanc to develop solidarity among European students through sports activities



## BRAINSTORMING

a student-centered challenge to create a vision of tomorrow's university in Europe



# PROJECT OBJECTIVES

## SOLIDARITY

Starting and finishing all stages of the project as a team, leaving no-one behind

## COMMUNITY

Developing the sense of belonging to Europe and acting as a European citizen

## MULTI-CULTURALITY

Learning to develop projects with students from other backgrounds

## HEALTH

Promoting sports and physical activities as a vehicle for good health

## NATURE

Drawing students' attention to the importance of preserving their environment



# Which target group?

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## FIELD/LEVEL OF STUDY

We invite students from all fields of study who are in the final year of a Bachelor or at the beginning of a Master's degree.



## PHYSICAL CONDITION

Students must be in good physical condition but do not necessarily need to be high-level athletes. Good physical preparation will be needed (a medical certificate is mandatory).



## SPECIFIC SKILLS

Preference will be given to students who show an interest in European issues, but who do not necessarily have international experience.



## OTHER

Participating universities are encouraged to select an equal number of male and female students.

# HIKING PROGRAMME

## DAY 1

### Italian Val Ferret

Our tour starts in the hamlet of Villair Supérieur up to the Bertone hut (2,000m), from where we climb to an impressive balcony offering an exceptional view of the most beautiful peaks of the Mont Blanc Massif. Several itineraries are then possible to reach the Bonatti refuge in the heart of the Italian Val Ferret.

Night in a dormitory.

## DAY 2

### Swiss Val Ferret

From the Bonatti hut take the path that takes us to the Grand Col Ferret (2,490m), marking the border between Italy and Switzerland. We are greeted by its restful mountain pastures, surmounted by the distant snowy peaks of the Dolent and A Neuve rivers and their glaciers. Descent into the Swiss Val Ferret to La Fouly.

Night in a gîte in La Fouly

## DAY 3

### Vallon de Trient

On the way to the Bovine mountain pasture, we will be able to contemplate the Rhône valley with its vineyards, the view of the high mountains of the Bernese Oberland and the dizzying peaks of the Combins massif. Descent to the Col de la Forclaz, a key passage between the Rhône and Trient valleys.

Night in a gîte in a dormitory.

## DAY 4

### Trélechamps

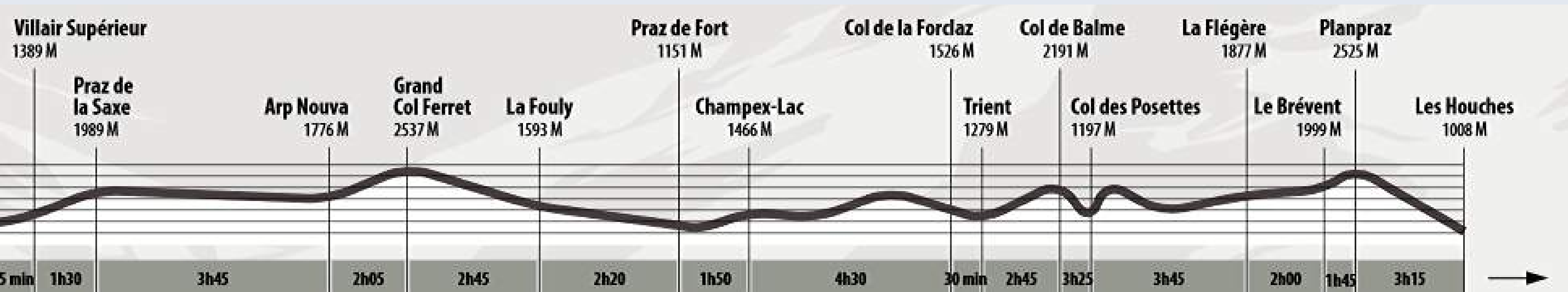
We leave the Col de la Forclaz and head for the Col de Balme (2,190m), the border between Switzerland and France. As we cross the pass, we find the Mont-Blanc, offering itself to our eyes in all its imposing majesty. This fantastic scenery accompanies us as far as the listed hamlet of Tré le Champ (Argentière).

Night in a gîte

## DAY 5

### Chamonix Valley

From Trélechamps we climb up the Grand Balcon Sud path to the Chéserys lakes and then to the Lac Blanc where the Mont-Blanc massif is reflected. We will take advantage of this splendid place to share a last picnic and to initiate our descent to Chamonix.





# CHALLENGE PROGRAMME

Gathered in teams throughout the week, students will be asked to make a **short video** in which they will express their answers to the following questions:

- What is the right place for sports activities in universities?
- How the practice of sport and university studies be reconciled?
- What innovative model could be imagined to link sport and studies?
- What skills and values are acquired through sport?
- How could these be valued in university curriculum?
- What have you learned from this challenge?

*These questions will be refined during the preparation phase of the project in consultation with the project leaders from each partner university.*





# Which partner universities?

[OR: WHO WANTS TO JOIN US?]

Our aim is to set up this project with at least 10 different universities from 10 different European countries. Each university will need to recruit 5 students + 1 project leader who want to take part in the initiative.



# FINANCING THE INITIATIVE

 **ERASMUS+ SPORT 2020 CALL**   
*Non-for-profit European sport events*

Up to 500,000€ to cover the preparation, organisation and dissemination of the project

Minimum co-financing : 20 % of the eligible costs

Minimum 10 partners from Erasmus+ Programme countries

Submission deadline: April 2nd, 2020

Project to take place between November 1st, 2020 and October 31st, 2021

Expected date of the Tour du Mont-Blanc Erasmus+ students trail: June 2021



# Partner universities' commitments

## [OR: WHAT WILL YOU HAVE TO DO?]

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Identify a project leader in your university to be in touch with the project manager at Université Savoie Mont Blanc in February and March 2020 for writing-up of the formal project documents

*(estimated: 10 hrs of work - at your expense)*

Attend a 2-day-meeting at Université Savoie Mont Blanc in December 2020 to define the topics of the students' challenge during the trail more precisely and the organisational aspects

*(estimated: 15 hrs of work - at your expense)*

Select 5 motivated students who will take part in the Tour du Mont-Blanc Erasmus+ students trail in June 2021 and send them to Savoie with their project leader

*(duration : 1 week - cost supported by the project)*



# So, can we count you in?

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